

## The ST3 Year

Nick Pendleton

## To receive the Certificate of Completion of Training (CCT)

- You must have passed all 3 components:

• **AKT**✓ + **CSA**✓ + **WPBA**✓

There is a lot to get done!

### Workplace Based Assessment:

- **Learning Log Entries** showing competence in all required skills and in all areas of the GP Curriculum.

And...

### Workplace Based Assessment

- COTs
- CBDs
- Audit
- MSF
- PSQ
- CEPS
- SEA
- OOH sessions
- PDP
- Form R and GMC Survey completion

WPBA must be completed

- By the end of May 2017!
- ARCP Panels take place in June

## Planning

- Regularly discuss your progress with your Educational Supervisor
- Plan out what you need to do and when you plan to do it
- Ensure you have the Out of Hours sessions done with a maximum of 2 booked but not done by the time of the panel

## The CSA Exam

- The CSA is a summative assessment of a doctor's ability to integrate and apply **clinical, professional, communication and practical skills** appropriate for general practice.

## The CSA Exam

- A high-fidelity skills assessment
- Based on OSCE format
- External, objective assessment of clinical skills
- Standardised, pre-determined level of challenge
- Realistic simulation of real-life consultations
- Patients played by trained/calibrated role players
- Cases written and assessed by working GPs
- Systematic sampling from the curriculum, using a selection blueprint

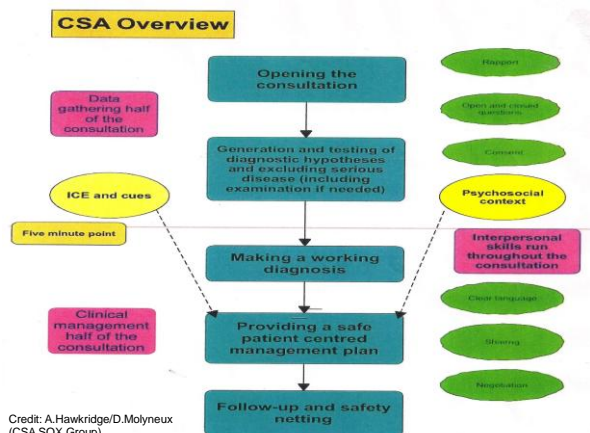
## Format of CSA Exam

- 13 Simulated Cases
- 10 minutes each
- Linked to learning outcomes from GP Curriculum
- Selected to represent the range and diversity of general practice
- Can involve examination, writing a prescription and use of telephone



## The CSA tests 3 domains:

1. Data-gathering, technical and assessment skills
2. **Clinical Management Skills**
3. **Interpersonal Skills**



Credit: A.Hawkrige/D.Molyneux  
(CSA SOX Group)

## Read everything on the website

<http://www.rcgp.org.uk/training-exams/mrcgp-exams-overview/mrcgp-clinical-skills-assessment-csa.aspx>

Arrival and departure

Dresscode

Summary reports from previous exams

## Take your Doctor's Bag

- BNF, BNF for children
- Stethoscope, Ophthalmoscope, Auroscope
- Thermometer
- Patella hammer, Tape measure
- Peak flow meter and disposable mouthpieces (N.B. These must be EU standard) ?!

There is no need to bring a sphygmomanometer



## Preparing yourself for the CSA

- Read about the exam and what it is testing
- **See patients!** Fill knowledge and skills gaps
- Reflect on consultation dynamics
- **Joint surgeries** with Educational Supervisor
- Ask for feedback from OOH supervisor
- Role plays, **Video yourself**, COTs
- Consultation Models and Tools
- **Ensure your knowledge and skills are up-to-date** (ie. not just about communication)

## CSA Preparation and the DRC

- Teaching session with CSA Examiner
- Practice writing Cases
- CSA small groups with Actors and Facilitators
- Mock CSA in November

## CSA Study Groups

- Mixed ability groups are better than groups of similar ability
- Based on Geography – where you live
- Or could meet before DRC starts on Weds mornings

## Apply for the Exam via the RCGP Website

- 7 separate CSA sittings (4 attempts)
- 6-12 days duration
- Planned sittings: Oct, Nov, Dec, Jan/Feb, March, April, May
- Apply 4-6 weeks before
- **£1642** (discounted AiT rate)

## Teaching and Study Leave

- The Day Release Course
- Wednesdays - 9.30 – 3.30
- Protected time on Weds for educational activity when DRC sessions not scheduled (eg. during CSA)
- Study Leave - 5 days
- The Residential:
- 15th -16th September

