

ST2 Teaching Programme 2018-19

DR NICK PENDLETON

A bit about me...

- Qualified as a GP in 2004
- Live in South Manchester
- Working in Bolton since 2000
- $\frac{3}{4}$ GP Partner at Heaton Medical Centre, Bolton
- GP Trainer and ARCP Panel Member
- GP Appraiser
- GP Educator – Year 9
- Bolton GP Programme Director – Year 6

What is the purpose of these sessions?

- Protected education time
- To help give you a structure for covering the GP curriculum
- **To help you prepare for the AKT**
- **To help you prepare for being a GP**
- To help you understand the challenges of general practice
- To facilitate peer & pastoral support
- To give you time to reflect & learn

- **The teaching programme runs from September to June with some breaks in the programme at Christmas and Easter**
- **If you are doing a GP Plus Post you have protected study time on a Tuesday afternoon even when the sessions are not running**

The Path to Certification (CCT)

- You need:
- To Pass a KNOWLEDGE exam (**AKT**)
- To be able to COMMUNICATE and DEMONSTRATE KNOWLEDGE and CLINICAL MANAGEMENT (**CSA exam**)
- To FUNCTION as a GP in a GP SETTING (**WPBA, MSF, PSQ, Audit, CEPS ...**) and document achievement of skills, competencies and curriculum coverage in the **eportfolio**

THE AKT EXAM

- **READ EVERYTHING ON THE RCGP WEBSITE!**
- <http://www.rcgp.org.uk/training-exams/mrcgp-exams-overview/mrcgp-applied-knowledge-test-akt.aspx>
- **INCLUDES:** content guide, guide to taking the exam, podcast, slide show presentation, feedback about recent exam, interactive tutorial and practice exam

THE AKT EXAM

- 3 hours and 10 minutes.
- 200 Questions
- Pearson Vue Driving Test Centre
- 80% clinical medicine
- 10% critical appraisal and evidence based clinical practice
- 10% health informatics & administrative issues

- “ The AKT assesses **higher order problem solving** rather than just the simple recall of basic facts.”

Consider asking other Trainees how they prepared – what websites or other resources?

- (Bearing in mind that different people learn in different ways)
- **FOURTEEN FISH 'PASS THE AKT' PACKAGE (£90: FUND WITH STUDY LEAVE BUDGET)**

The screenshot shows a web browser window displaying the FourteenFish website. The browser's address bar shows the URL <https://www.fourteenfish.com/about/akt>. The website header features the FourteenFish logo, a Help icon, a Contact us icon, and buttons for Register now and Log in. A navigation menu includes links for Home, Switch to us, App, Web clipper, About us, Blog, Videos, Partners, Reviews, and GP events. The main content area is titled "Pass the AKT" and features an illustration of a doctor in a white coat and stethoscope, holding a stethoscope to their chest. The text below the illustration reads: "We'll show you how" and "With over 10 years of experience as an examiner for the MRCGP, Dr Mark Coombe has already helped thousands of candidates pass the exam. Now he's here to help you with our AKT Package." The Windows taskbar is visible at the bottom of the screenshot, showing various application icons and the system clock at 11:44.

AKT DATES

- Look on the College website
- Oct, Jan and May. £450
- Apply via the College website
- Most sit in May but when you do it is up to you. Maximum 4 attempts
- Discuss with your Educational Supervisor

COMMUNICATION SKILLS SESSIONS

- **DURING GP PLUS POST ONLY**
- TUESDAY AFTERNOONS
- **MOSTLY ALTERNATE WITH ST2 TEACHING SESSIONS**
- CROMPTON HEALTH CENTRE
- DR JULIAN TOMKINSON AND DR HELEN WALL
- **THE FIRST ONE IS ON 11th SEPTEMBER**

Out of Hours Sessions in ST2

- You need to document 36 hours of working outside daytime hours in the eportfolio in ST2 during your GP Plus post and label them as 'Out of Hours session'. Include a visible tally of the hours you have done so the ARCP panel can easily see it
- If you are not doing a post that offers on-call then you will need to contact the local Out of Hours Service and ask them to schedule the sessions for you
- BARDOC contact: BDOC.rotateam@nhs.net

Teaching Programme Website

boltongptraining.org.uk



ST2 TEACHING PROGRAMME CONTENT

- The GP Curriculum
- Centred mainly around clinical topics
- Real-life examples from GP
- Practical problem solving
- Learner involvement in planning the content
- Outside speakers (mainly GPs)
- 'Workshops' / Consultation video analysis / AKT questions

- **The next ST2 Education Session is on 18th September at 2pm in Seminar Room 2**