

**WELCOME TO THE
ST2 TEACHING
PROGRAMME**

**1ST AUGUST 2020
DR SEB PILLON**

HELLO AND WELCOME TO GP ST2



ZOOM RULES



Camera ON



Mic OFF*



Raise hand or use chat box to ask questions



Do not Disturb



Phones OFF



Be an active participant



Break and rest eyes at least once an hour.



Respect Confidentiality



WHO WE ARE

- Dr Kat Rothwell (PCME)
 - GP Principal at Tonge Fold Health Centre
- Dr Seb Pillon (PCME)
 - Portfolio GP at Dunstan Partnership
- Dr Nick Pendleton (TPD)
 - GP Principal, Heaton Medical Centre
- Dr Julian Tomkinson (Consultation Skills Course Lead)
 - GP Principal, Oaks Family Practice
- Julian Page (former PCME)



INTRODUCTIONS

- **Breakout rooms**
- Introduce yourself
 - Where do you live?
 - What was your last job?
 - Why did you choose GP training and Bolton?





ST2

WHAT'S NEW?



To build upon hospital-acquired experience and start to consider patients and systems in primary care



To understand the importance of high-quality consultation skills as an integral part of the GP skillset



To start to apply knowledge and experience from hospital-based care to patients in primary care, considering the whole patient



To maintain working relationships between trainees, trainers, training practices and the wider health and social care economy



To prepare for the Applied Knowledge Test (AKT) exam

MISSION STATEMENT

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- We want to produce GPs proficient in the delivery of high-quality primary health care, both now and in the future.
- In GPST2, we encourage trainees to see themselves as **emerging specialists in the holistic care of people**, not just as patients, but as entities that exist within families and communities.
- At our core, we want to produce GPs that take both good care of themselves, enjoy their careers, and provide an all-rounded, holistic care to their patients, in Bolton and beyond.

THE FIVE AREAS OF CAPABILITY

- **ST2-A: Applying Clinical Knowledge**
 - Data Gathering & interpretation
 - Clinical Examination & Procedural Skills
 - Making Decisions
 - Clinical Management
- **ST2-B: Caring for the Whole Person**
 - Practising Holistically
 - Promoting Health
 - Safeguarding
 - Community Orientation



ST2

GP / GP+ PLACEMENT

- Extended experience in Primary Care
- Opportunity to follow-up



HOSPITAL PLACEMENT

- “SHO” grade with 3+ years experience
- Specialist knowledge exposure



DISCUSSION

- **Breakout rooms**
- What the differences between working as a hospital doctor vs a GP?
- What is the difference between being an F2 and an ST2 in a placement?



ST2

GP / GP+ PLACEMENT

- Fortnightly Consultation Skills Course with Dr Julian Tomkinson and staff at Oaks Family Practice
- Fortnightly ST2 teaching sessions



HOSPITAL PLACEMENT

- Departmental Teaching
- Fortnightly ST2 teaching sessions



ST2 STRUCTURED TEACHING



The Structured Teaching Programme needs to supplement, not duplicate the function of the training practices and hospital placements.

Where possible we try to use the benefit of group work to explore areas less commonly seen
Some areas of clinical knowledge are best learned in practice



Much of the programme remains currently unplanned to allow us to coordinate sessions later in the year around topics you would prefer.

Consider what curriculum areas might be lacking from your past and planned experience

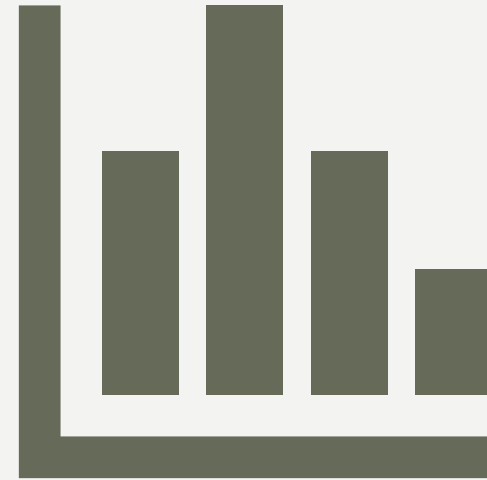


The teaching programme is designed to prepare you for life as a GP; if you follow that, then passing the exams is much easier.

We do not hold an “AKT course” as it wouldn’t cater to everyone’s learning style or needs.
We try to reference in teaching the kinds of areas how that week’s topic might manifest as an AKT question.

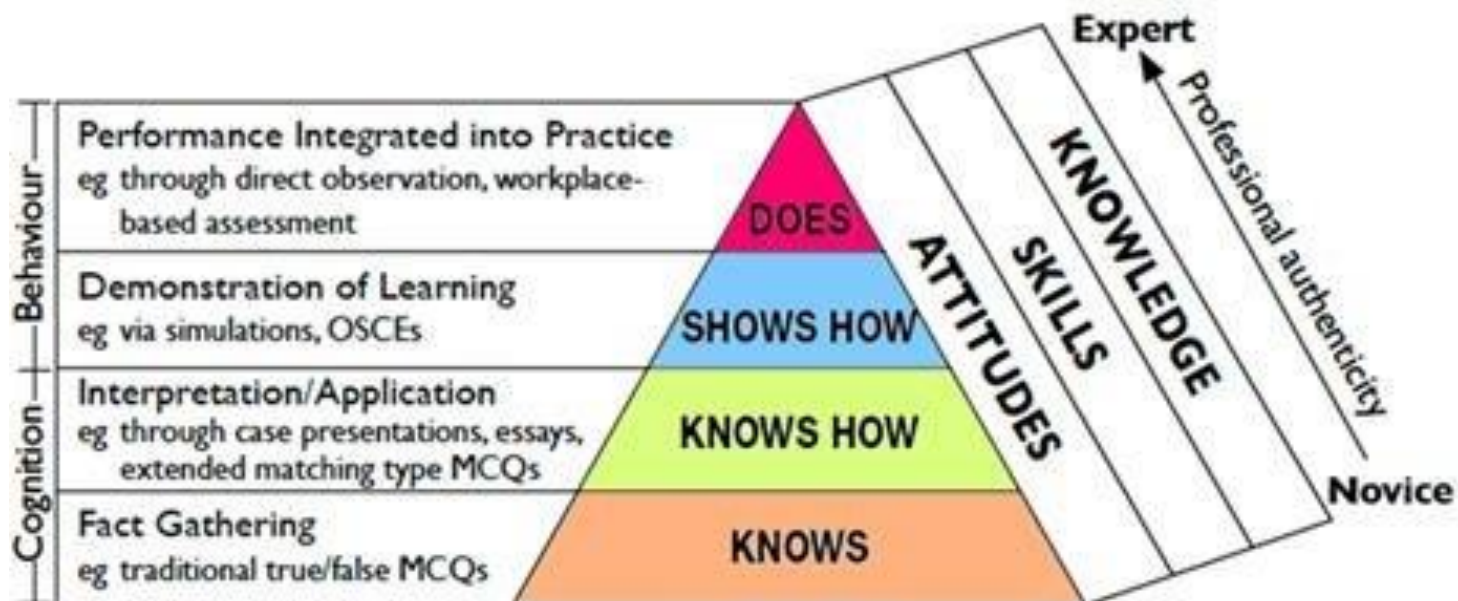
POLLS

- Teaching environment
- Teaching content



ASSESSMENTS

**APPLIED KNOWLEDGE TEST AND
WORKPLACE BASED ASSESSMENT**



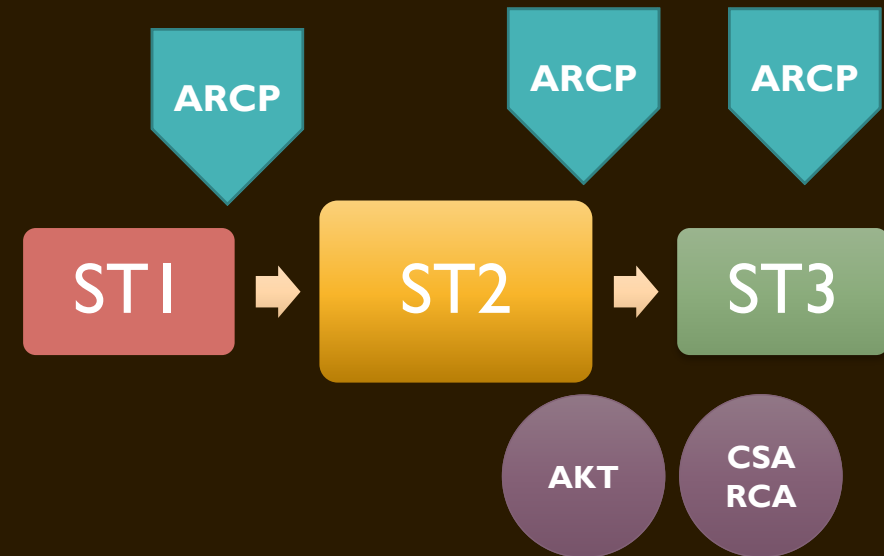
Miller's Pyramid

PROGRESS TO CCT

WBPA (Portfolio)

CSA/RCA (Clinical exam)

AKT (MCQ)



WORKPLACE BASED ASSESSMENTS

Capability area	MSF	PSQ	COT	CbD	CEX	CSR
1 Fitness to practise	Yes			Yes		Yes
2 Maintaining an ethical approach	Yes			Yes		Yes
3 Communication and consultation skills	Yes	Yes	Yes		Yes	Yes
4 Data gathering and interpretation	Yes		Yes	Yes	Yes	Yes
5 Clinical examination and procedural skills	Yes		Yes	Yes	Yes	Yes
6 Making a diagnosis / decisions	Yes		Yes	Yes	Yes	Yes
7 Clinical management	Yes		Yes	Yes	Yes	Yes
8 Managing medical complexity				Yes	Yes	Yes
9 Working with colleagues and in teams	Yes			Yes		Yes
10 Maintaining performance, learning and teaching	Yes				Yes	Yes
11 Organisation, management and leadership				Yes		
12 Practising holistically, promoting health and safeguarding		Yes	Yes	Yes		Yes
13 Community orientation				Yes		Yes

MINIMUM REQUIREMENTS FOR WBPA

- 6 x mini-CEX (if in secondary care) / COT (if in primary care)
- 6 x CbD
- 1 x PSQ
 - if in primary care and not already completed in ST1
- CEPS as appropriate
- Clinical supervisors report (CSR) from each post
- LTFT trainees generally take WBPA's on a pro-rata basis

PERSONAL DEVELOPMENT PLANS

- **Breakout Rooms**
- What are the 5 essential/intimate CEPS and in what rotations are you more likely to achieve them?
- What tips for rotations you've completed?
- What does a good Case Based Discussion feel like?



**ADVICE FROM
PAST ST3**

ADVICE FROM 2020 ST3 GROUP

- Start early/keep on top of with e-portfolio
- Plan to get your examinations done in hospital placements :
 - A+E/O+G
- Speak to peers - good source of support
- ST2 WhatsApp group
- Highlight weak areas sooner and how to get better.
 - How to improve over the years?
- Can take time out of programme if needed.
 - Extra education- ?Masters
- Some supervisors are not organized
 - you need to be proactive
- Raise concerns about support/clinical supervisor
- Try and remember what you need to learn from this job
- Use study days in clinics
- Do AKT after a GP block, it's easier